

Martin Johnson's Rugby Camps

Martin Johnson is a rugby legend and one of the nation's most respected sporting icons.

Join him and the RFU as they turn their attention to the future prosperity of rugby in England with a series of eight Rugby Camps aimed at delivering a unique and inspiring foundation to 11-16 year old boys and girls for enjoyment and excellence within this great game.



Drive their passion

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Objectives



The Martin Johnson Rugby Camps are a joint initiative between Martin Johnson and the Rugby Football Union that provides participants with a once-in-a-lifetime opportunity to evolve the skills and techniques that will take their game to the next level.

The action-packed Rugby Camps offer boys and girls of a variety of ages and skills the chance to develop their games under the instruction of the country's top RFU qualified coaches - in a vibrant yet friendly environment.

Every child will get the chance to meet the Iron Man himself - England's World Cup winning skipper, Martin Johnson - as well as a cluster of his international teammates.

Not only do they learn what it takes to become an international sportsman, they learn what it takes to be a winner.

Safety & Security



We recognise as a priority our responsibility to ensure the safety and well being of all participants in the Rugby Camps. There will be designated medical professionals at each Rugby Camp with responsibility for first aid and dealing with any injuries which may occur.

Every coach participating in the Martin Johnson Rugby Camps programme will have undertaken a Child Protection Awareness Programme and completed an Enhanced CRB Disclosure. Each coach will be fully aware of responsibilities relating to the general welfare of all young people who attend the course and will be confident and competent in managing all situations which may arise. We also have a child welfare officer in situ at each venue to ensure that each child's well being is a top priority.

Due to the age range and mixed ability at the Rugby Camps, it will be necessary to divide the participants by age, ability and size. This division aims to ensure that situations do not arise where children are mismatched physically and aims to lessen the risk of serious injury.

Package

£145 per child (11-16 year olds)



The Martin Johnson Rugby Camps' philosophy is to provide an unforgettable rugby experience in a thrilling and action-packed environment. Each participant will receive:

- Coaching from the team of widely respected professional coaches, each of whom has the full endorsement of the RFU.
- Martin Johnson Rugby Camps branded apparel.
- A personalised team photo with Martin Johnson.
- A Martin Johnson branded rugby ball.
- Fully catered lunch for each of the three days as well as energy snacks and fluids.
- RFU playing skills handbook.
- A Martin Johnson Rugby Camps goodie bag to take home.
- Most importantly, a rugby experience he or she will never forget.

Coaching Staff & International Players

At the heart of the Martin Johnson Rugby Camps lies a hand-picked team of gifted RFU coaches. Each mentor is a leading exponent of his craft and as well as his own extensive experience, each has the most advanced coaching techniques and safety procedures at his disposal. This ensures the participants learn appropriate skills in a fun, and most importantly, secure environment.

Martin Johnson and a clutch of his international team-mates will attend each of the Rugby Camps. As well as assisting with the coaching programme, they offer more than just a glimpse to every participant of what it takes to be a World Cup hero.



Booking Form

Personal details of participants



| First name | Surname | Address | Postcode | Playing experience (in years) | Name of school/club | Age | Date of birth | Course venue |
|------------|---------|---------|----------|-------------------------------|---------------------|-----|---------------|--------------|
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Please give details of any allergy, medical conditions, medication and disabilities of the above child/children making clear the name of the child/children affected:

Rugby is a sport involving inherent risk of injury. Your child's participation in the Rugby Camp may result in physical injury. Although the RFU and Martin Johnson will take reasonable steps to avoid serious injuries being suffered by participants, the participants voluntarily assume the risk of injury. By signing below, you confirm that you are the parent or guardian of the child/children listed above and have custody and control of him/her/them and you confirm that:

- 1) you have read and accept the Booking Conditions.
- 2) you irrevocably consent to:
 - your child's participation at the Rugby Camp;
 - your child being photographed/filmed whilst at the Rugby Camps, and that such photographs or films can be used in future promotional material produced by the RFU;
 - any data relating to your child collected by the RFU in connection with the Rugby Camps being used for the purposes of the Rugby Camp and their promotion by the RFU.
- 3) you consent to trained medical professionals caring for your child in the case of an accident.
- 4) your details, and those of your children, being used for future data driven marketing by the RFU.
- 5) you accept that there is an inherent risk of injury involved in the sport.

Please give details of where you heard about Martin Johnson Rugby Camps (please tick more than one if applicable)

Poster Flyer Online/Search engine

Roadshow stand (if so, please state which)

Newspaper advertisement (if so, please state which)

Magazine advertisement (if so, please state which)

Other (if so, please state which)

Signed:

Payment Details



Payer details

| | |
|----------|-----------|
| Name: | |
| Address: | |
| | |
| | |
| | Postcode: |
| Tel: | |
| Email: | |

Please make cheques payable to: **Rugby Football Union.**

I have read, and on behalf of the named person(s) detailed in the Booking Form, I agree to the Martin Johnson Rugby Camps Booking Conditions.

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|---------|--|
| Signed: | |
| Date: | |

I wish to pay by Maestro/Switch/Access/Visa/Mastercard (delete as appropriate)

| | | |
|--------------------|--|---------------------------|
| Please charge: £ | | to my debit/credit card |
| Cardholder's name: | | |
| Expiry date: | | Issue no (if applicable): |
| Card no: | | |

Please send this Booking Form and payment to:

Martin Johnson Rugby Camps, 9 Hockley Court, 2401 Stratford Road, Hockley Heath, Solihull B94 6NW

T: 0845 1220 416 F: 01564 786789 E: johnnocamps@sfx.com W: www.johnnocamps.com

Booking Conditions



- 1) Payment constitutes your acceptance of the booking conditions.
- 2) The Rugby Camps are run on a first come first served basis and are subject to availability. If your Booking Form cannot be accepted, we shall endeavour to offer an alternative Rugby Camp. If this is not acceptable to you or if there is no alternative Rugby Camp, your payment will be refunded promptly. Bookings are unlikely to be accepted less than two weeks prior to the Rugby Camp start date.
- 3) Following receipt of the Martin Johnson Rugby Camps' Booking Form and your payment, we will send you a confirmation letter.
- 4) A letter of booking confirmation shall be sent to you as soon as bookings are confirmed. Fully detailed Rugby Camp packs will be sent to you four weeks prior to the Rugby Camp start date.
- 5) Any child registered for Martin Johnson Rugby Camps must be aged 11 years old on 1st September 2006 and under the age of 17.
- 6) If you need to cancel your booking, you must inform us immediately. All cancellations will be acknowledged by us and are subject to the following cancellation charges:
 - 30+ days - full refund
 - Less than 30 days - 50% refund
 - On, or after start date for the Rugby Camp - no refund
- 7) We reserve the right to increase the price of the Rugby Camp in the event of circumstances arising that are beyond our control.
- 8) In exceptional circumstances it may be necessary for us to cancel Rugby Camp arrangements. You will then be given the option of either transferring to another Rugby Camp (subject to availability), or receiving a full refund.
- 9) Neither the RFU nor Martin Johnson nor any person involved with the organisation of the Martin Johnson Rugby Camps accepts liability for the personal injury or death of any participant unless caused by its negligence. Neither the RFU nor Martin Johnson nor any other person involved with the organisation of the Martin Johnson Rugby Camps will be responsible for any losses or additional expenses incurred by any participant or their parents or guardians due to injury or sickness whilst at a Rugby Camp, weather, strikes, war or any other cause beyond their control.

Dates and Venues



26th-28th July 2006

Warwick University, Warwick

2nd-4th August 2006

Clifton RFC, Bristol

7th-9th August 2006

Plymouth Albion RFC, Devon

9th-11th August 2006

Newbury RFC, Berkshire

14th-16th August 2006

Westcombe Park RFC, Orpington, Kent

16th-18th August 2006

Richmond/London Scottish RFC, London

21st-23rd August 2006

Doncaster RFC, Yorkshire

23rd-25th August 2006

Broughton Park, Manchester



Itineraries

The Rugby Camps devised by the RFU aim to deliver a programme that not only teaches match specific skills, but also advanced techniques to improve general motor skills, flexibility, agility and speed.

Each Rugby Camp will include:

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| Warm-up/conditioning/nutritional sessions | Active stretching • Speed, agility, quickness sessions (SAQ) • Running skills & footwork |
| Handling/running skills | Support • Depth • Angles • Evasion • Decision making |
| Positional skills | Individual clinics |
| Unit skills | Scrum • Lineout • Restarts • Counter attack • Kicking strategy |
| Conditioned games | Attack & defence |
| Competition | The Johnno Challenge throughout the programme |

Official
Partners



THE TIMES

