



Course Information

Tag-Rugby - £30

For: Parents / New Coaches / Teachers of Tag-Rugby
Assessment: Certificate of Attendance

The Tag-Rugby Coaching course is designed to help you begin your rugby coaching within the non-contact version of the sport. Tag-Rugby is a 2 ½ to 3 hour practically-based course and will help you move on to the Start Course or Level 1 Coaching qualification. By attending a Tag-Rugby course, you will learn how to deliver elements of the warm-up, handling and small sided games specific to the Tag game. The course is accompanied by a coaching pack and CD/DVD of practices for Tag-Rugby. Contact your local Community Rugby Coach or RDO to run a course at your club or school.



Start Rugby - £25

For: Parents / New Coaches / Teachers of contact rugby
Assessment: Certificate of Attendance

The Start Rugby Coaching course is designed to help you begin your rugby coaching and give others the opportunity to enjoy the benefits of the sport. Start Rugby is a 2 ½ to 3 hour practically-based course and will help you move on to the Level 1 Coaching qualification that will further develop your coaching skills and knowledge. By attending a Start Rugby course, you will learn how to deliver elements of the warm-up, handling and contact skills, small sided games and basic coaching processes. The course is accompanied by a pack of laminated coaching cards that easily fit into a coach's pocket. Contact your local Community Rugby Coach or RDO to run a course at your club or school.



Community Leaders Rugby Award - £16

For: Community Sports Leaders / JSLA
Assessment: Competency Based & Certificate

The RFU Community Leaders Award can be used as a bolt-on to CSLA courses or as a stand alone rugby leaders course. The course is competence based and includes modules on coaching, refereeing, child protection, community delivery and leadership ethos. The taught element is five hours in duration, during which students prepare for their own two hour community delivery.

Contact your local Community Rugby Coach or RDO to run a course at your club or school.

